



The Chapel of
The Transfiguration

Sung Eucharist

Fifth Sunday after Trinity

Sunday 20th July 2025
7.30 am



Martha expresses her faith through action, Mary through sitting and learning from Jesus. In our own lives we need both the chance to sit and learn from God and the chance to live out our faith. Jesus warns against getting so distracted by the world that we miss what is important. But notice the boldness of Martha, asking directly for Jesus to do something. We may not get the answer we want, but we are encouraged by Martha's example to have the courage and intimacy to ask.

Music before the service

Psalm Prelude Set 1 No. 2

Herbert Howells (1892–1983)



Order of Service

*The congregation is asked to join in all text printed in **bold**.*

If you are unable to stand at any point during the service, please feel free to remain seated.

The service is sung by the Chapel Choir

Please remain silent before the service

The Gathering

Please remain seated as the choir enters and takes their place

Please stand as the altar party enters

Processional Hymn

during which the altar is censed



**All my hope on God is founded;
He doth still my trust renew.
Me through change and chance he guideth,
Only good and only true.**

**God unknown,
He alone
Calls my heart to be his own.**

**Pride of man and earthly glory,
Sword and crown betray his trust;
What with care and toil he buildeth,
Tower and temple, fall to dust
But God's power,
Hour by hour,
Is my temple and my tower.**

**God's great goodness aye endureth,
Deep his wisdom, passing thought:
Splendour, light and life attend him,
Beauty springeth out of naught.
Evermore
From his store
New-born worlds rise and adore.**

Upper Voices only

**Daily doth th'Almighty giver
Bounteous gifts on us bestow;
His desire our soul delighteth,
Pleasure leads us where we go.
Love doth stand
At his hand;
Joy doth wait on his command.**

**Still from man to God eternal
Sacrifice of praise be done,
High above all praises praising
For the gift of Christ his Son.
Christ doth call
One and all:
Ye who follow shall not fall.**

Please remain standing. The celebrant continues

The Greeting

In the name of the Father, and of the Son,
and of the Holy Spirit.

Amen.

Grace, mercy and peace from God our Father
and the Lord Jesus Christ
be with you

and also with you.

'If you have judged me to be faithful to the Lord, come and stay
at my home.' And she prevailed upon us."

Acts. 16.15b

Blessed be God

Blessed be God's reign for ever. Amen.

All kneel and the lay assistant continues

Prayer of Preparation

**Almighty God,
to whom all hearts are open,
all desires known, and from whom no secrets
are hidden: cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord.
Amen.**

The lay assistant invites all to confess their sins

Prayers of Penitence

We come to God as one from whom no secrets are hidden,
to ask for his forgiveness and peace.

Silence is kept

Most merciful God,
**Father of our Lord Jesus Christ,
we confess that we have sinned
in thought, word and deed.
We have not loved you with our whole heart.
We have not loved our neighbours as ourselves.
In your mercy forgive what we have been,
help us to amend what we are,
and direct what we shall be; that we may do justly,
love mercy, and walk humbly with you, our God.
Amen.**

The choir sings

Kyrie Eleison	<i>Lord, have mercy</i>
Christe Eleison	<i>Christ, have mercy</i>
Kyrie Eleison	<i>Lord, have mercy</i>

The celebrant gives the Absolution

Almighty God, who forgives all who truly repent,
have mercy upon you, pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal; through Jesus Christ our Lord.

Amen.

All stand to sing

Gloria

Glory be to God on high,
**and in earth peace, good will towards men,
We praise thee we bless thee,
we worship thee, we glorify thee.
We give thanks to thee for thy great
glory, O Lord God, heavenly King,
God the Father Almighty.**

**O Lord, the only begotten Son,
Jesus Christ; O Lord God, Lamb
of God, Son of the Father that
takest away the sin of the world,
have mercy upon us. Thou that
takest away the sin of the world,
have mercy upon us. Thou that
takest away the sin of the world,
receive our prayer. Thou that
sittest at the right hand of God the
Father, have mercy upon us.**

**For thou only art holy, thou only
art the Lord: thou only, O Christ,
with the Holy Spirit, art most high
in the glory of God the Father.
Amen.**

The lay assistant continues

The Collect for the Day

The Lord be with you
And with thy spirit

Let us pray

Silence is kept

Almighty and everlasting God,
by whose Spirit the whole body of the Church is governed
and sanctified: mercifully hear our prayer,
which we offer unto thee for all thy faithful people;
that in their vocation and ministry
they may serve thee in holiness and truth,
to the glory of thy Name;
through Jesus Christ our Lord,
who liveth and reigneth with thee,
in the unity of the Holy Spirit,
one God, world without end.

Amen.

The Liturgy of the Word

Old Testament Reading

A reading from the Book of Amos 8. 1–12

This is what the Lord God showed me—a basket of summer fruit. He said, ‘Amos, what do you see?’ And I said, ‘A basket of summer fruit.’ Then the Lord said to me,

‘The end has come upon my people Israel;
I will never again pass them by.

The songs of the temple shall become wailings on that day,’
says the Lord God; ‘the dead bodies shall be many,
cast out in every place. Be silent!’

Hear this, you that trample on the needy,
and bring to ruin the poor of the land,
saying, ‘When will the new moon be over
so that we may sell grain; and the sabbath,
so that we may offer wheat for sale?’

We will make the ephah small and the shekel great,
and practise deceit with false balances,
buying the poor for silver
and the needy for a pair of sandals,
and selling the sweepings of the wheat.’

The Lord has sworn by the pride of Jacob: Surely I will never
forget any of their deeds.

Shall not the land tremble on this account,
and everyone mourn who lives in it,
and all of it rise like the Nile,

and be tossed about and sink again, like the Nile of Egypt?

On that day, says the Lord God,

I will make the sun go down at noon,
and darken the earth in broad daylight.

I will turn your feasts into mourning,
and all your songs into lamentation;

I will bring sackcloth on all loins,

and baldness on every head; I will make it like the mourning
for an only son,

and the end of it like a bitter day.

The time is surely coming, says the Lord God,

when I will send a famine on the land;

not a famine of bread, or a thirst for water,

but of hearing the words of the Lord.

They shall wander from sea to sea,

and from north to east; they shall run to and fro,

seeking the word of the Lord,

but they shall not find it.

This is the Word of the Lord.

Thanks be to God

Why do you glory in evil, you tyrant, •
while the goodness of God endures continually?

**You plot destruction, you deceiver; •
your tongue is like a sharpened razor.**

You love evil rather than good, •
falsehood rather than the word of truth.

**You love all words that hurt, •
O you deceitful tongue.**

Therefore God shall utterly bring you down; •
he shall take you and pluck you out of your tent
and root you out of the land of the living.

**The righteous shall see this and tremble; •
they shall laugh you to scorn, and say:**

‘This is the one who did not take God for a refuge, •
but trusted in great riches and relied upon wickedness.’

**But I am like a spreading olive tree in the house of God; •
I trust in the goodness of God for ever and ever.**

I will always give thanks to you for what you have done; •
I will hope in your name,
for your faithful ones delight in it.

**Glory to the Father, and to the Son,
and to the Holy Spirit,
as it was in the beginning is now
and shall be for ever.
Amen.**

New Testament Reading

A reading from St. Paul's letter to the Colossians 1.15-28

He is the image of the invisible God, the firstborn of all creation; for in him all things in heaven and on earth were created, things visible and invisible, whether thrones or dominions or rulers or powers—all things have been created through him and for him. He himself is before all things, and in him all things hold together. He is the head of the body, the church; he is the beginning, the firstborn from the dead, so that he might come to have first place in everything. For in him all the fullness of God was pleased to dwell, and through him God was pleased to reconcile to himself all things, whether on earth or in heaven, by making peace through the blood of his cross. And you who were once estranged and hostile in mind, doing evil deeds, he has now reconciled in his fleshly body through death, so as to present you holy and blameless and irreproachable before him— provided that you continue securely established and steadfast in the faith, without shifting from the hope promised by the gospel that you heard, which has been proclaimed to every creature under heaven. I, Paul, became a servant of this gospel. I am now rejoicing in my sufferings for your sake, and in my flesh I am completing what is lacking in Christ's afflictions for the sake of his body, that is, the church.

I became its servant according to God's commission that was given to me for you, to make the word of God fully known, the mystery that has been hidden throughout the ages and generations but has now been revealed to his saints. To them God chose to make known how great among the Gentiles are the riches of the glory of this mystery, which is Christ in you, the hope of glory. It is he whom we proclaim, warning everyone and teaching everyone in all wisdom, so that we may present everyone mature in Christ.

This is the Word of the Lord.

Thanks be to God

All stand to sing

Gradual Hymn



**Teach me, my God and King,
In all things thee to see;
And what I do in anything
To do it as for thee!**

**A man that looks on glass,
On it may stay his eye;
Or if he pleaseth, through it pass,
And then the heaven espy.**

**All may of thee partake;
Nothing can be so mean,
Which, with this tincture, 'for thy sake',
Will not grow bright and clean.**

**A servant with this clause
Makes drudgery divine;
Who sweeps a room, as for thy laws,
Makes that and the action fine.**

**This is the famous stone
That turneth all to gold;
For that which God doth touch and own
Cannot for less be told.**

Words: George Herbert (1593–1633)

Tune: Sandys
William Sandy's Christmas Carols

Remain standing

The Gospel Reading

Choir: Alleluia, Alleluia, Alleluia

All repeat:



Choir: O Lord, your word is everlasting;
it stands firm for ever in the heavens.

Alleluia.

The Lord be with you
And with thy spirit

Hear the Gospel of our Lord Jesus Christ according to
St. Luke, 10th Chapter, beginning at the 38th verse

Glory be to thee, O Lord

Now as they went on their way, he entered a certain village, where a woman named Martha welcomed him into her home. She had a sister named Mary, who sat at the Lord's feet and listened to what he was saying. But Martha was distracted by her many tasks; so she came to him and asked, 'Lord, do you not care that my sister has left me to do all the work by myself? Tell her then to help me.' But the Lord answered her, 'Martha, Martha, you are worried and distracted by many things; there is need of only one thing. Mary has chosen the better part, which will not be taken away from her.'

At the end,

This is the Gospel of our Lord Jesus Christ

Praise be to thee, O Christ

Remain standing until invited to be seated

Sermon

given by

Rev. Lionel Peiris

Visting Preacher

All stand to sing

Affirmation of Faith

We believe in one God,
**the Father Almighty, Maker of heaven and earth,
And of all things visible and invisible;**

**And in one Lord Jesus Christ,
the only-begotten Son of God, Begotten
of his Father before all worlds,
God of God, Light of Light, very God of very God,
begotten, not made,
being of one substance with the Father,
Through whom all things were made:
Who for us men, and for our salvation
came down from heaven,**

and was incarnate by the Holy Spirit of the Virgin Mary, and was made man, and was crucified also for us under Pontius Pilate, He suffered and was buried, and the third day he rose again according to the Scriptures, and ascended into heaven, and sitteth on the right hand of the Father. And he shall come again with glory to judge both the quick and the dead: Whose Kingdom shall have no end.

And we believe in the Holy Spirit, the Lord, the giver of life, Who proceedeth from the Father, who with the Father and the Son together is worshiped and glorified, who spake by the Prophets. And we believe One Holy Catholic and Apostolic Church. We acknowledge one Baptism for the remission of sins. And we look for the Resurrection of the dead, And the life of the world to come. Amen.

All kneel or sit

Prayers of Intercession

during which the following response is used

Lord, in your mercy
Hear our prayer.

The Liturgy of the Sacrament

All stand. The celebrant says

Greeting of Peace

The kingdom of God is not a matter of eating and drinking, but of righteousness, peace and joy in the Holy Spirit.

The peace of the triune God be always with you
And also with you.

Preparation of the Table

Offertory Hymn

*during which the bread, wine and water are placed on the altar,
and a collection is taken for the work of the chapel*



**Christ is our corner-stone,
on him alone we build;
with his true saints alone
the courts of heaven are filled:
on his great love
our hopes we place
of present grace
and joys above.**

**O then with hymns of praise
these hallowed courts shall ring;
our voices we will raise
the Three in One to sing;
and thus proclaim
in joyful song,
both loud and long,
that glorious name.**

**Here, gracious God, do thou
for evermore draw nigh;
accept each faithful vow,
and mark each suppliant sigh;
in copious shower
on all who pray
each holy day
thy blessings pour.**

**Here may we gain from heaven
the grace which we implore;
and may that grace, once given,
be with us evermore,
until that day
when all the blest
to endless rest
are called away.**

Remain standing. The celebrant invites all to say,

All things come from you and of your own do we give you, Creator and Lord of the universe, ever adored by the holy Angels. Accept these gifts of bread and wine and these offerings which we present at your holy table and with them the dedication of our lives for your service, through Jesus Christ our Lord. Amen.

Remain standing

The Eucharistic Prayer

The Lord be with you
And with thy spirit

Lift up your hearts
We lift them up unto the Lord

Let us give thanks unto the Lord our God
It is meet and right so to do

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God.

And now we give thee thanks,
for that thou art the source of light and life;
thou didst make us in thine own image,
and didst call us unto newness of life in him.

Therefore with Angels, and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name, evermore praising thee, and saying:

The choir sings

Holy, Holy, Holy, Lord God of hosts,
heaven and earth are full of thy glory.
Glory be to thee,
O Lord most high.

The people may prayerfully sit, kneel or remain standing

Holy indeed are you Almighty Father eternal Sovereign, who in all your gifts and works manifests your holiness to all humanity. Holy is your Only Begotten Son Jesus Christ, through whom you did order the universe. And Holy is your ever blessed Spirit who reveals all things, even the deep things of you O God. Just as you yourself are holy, so also you created us in your own image that we might live in holy fellowship.

And when we disobeyed your commandments, you did not abandon us but you guided us as a merciful Father; you revealed yourself to us through the Sages, the Law and the Prophets, and through your redeeming acts in history, and when the time was ripe, you came among us through your Son Jesus, whom you sent into the world to share our human nature in order that the Lord Jesus might revive your own image in us.

**Generous God, Jesus loves us
and sacrificed himself for us
and heralded the new life
in breaking bread with companions.**

On the very night that he was betrayed to suffer death upon the cross for us, the Lord Jesus took bread and when he had given thanks to you Almighty Father, he broke it and gave it to his disciples saying:

Take, eat, this is my body which is given for you.

Do this in remembrance of me.

In the same manner after supper, he took the cup also, and after giving thanks, he gave it to them saying:

Drink, all of you from this,

for this is my blood of the new covenant

which is poured out for many for the forgiveness of sins.

Do this, as often as you drink it, in remembrance of me.

The Lord Jesus Christ is Saviour

Christ has died:

Christ is risen:

Christ will come again.

And so Father, we present this bread and cup in communion with your whole church, in fellowship with (Blessed Mary, and) all the saints, and in union with all creation we celebrate your Son's death and victory; giving thanks for all that Christ has done for us; for preparing us for all that lies ahead, we receive the benefits of Christ's life, death, resurrection and session in glory, and we eagerly await the heavenly banquet after Christ's coming again.

And we entreat you most merciful God to hear us and send your All Holy Spirit on us and on these your gifts, that they being blessed and hallowed by that life giving power, may be for us the Body and Blood of your most dearly loved Son, to the end that we receiving the same may be sanctified and filled with your grace and heavenly blessing.

**Accept this our sacrifice of praise and thanksgiving;
make us one body in Jesus Christ our Lord,
by whom and with whom and in whom in the unity of
the Holy Spirit all honour and glory be to you
Almighty Father, world without end.
Amen.**

Breaking of the Bread

The bread which we break
is it not a sharing in the body of Christ?

**We being many are one bread,
one body for we all partake of the one bread.**

The Lord's Prayer

As our Saviour Christ has taught us, we now pray

All sing

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.**

The celebrant continues

The peace of the Lord be always with you
and also with you.

The gifts of God for the people of God

The choir sings

Benedictus

Blessed is he that cometh in the name of the Lord.
Hosanna in the highest.

Deep Silence

The choir sings

Agnus Dei

O Lamb of God, that takest away the sins of the world
Have mercy upon us.
O Lamb of God, that takest away the sins of the world
Have mercy upon us.
O Lamb of God, that takest away the sins of the world
Grant us thy peace.

Giving of Communion

The celebrant invites the people to receive the Holy Communion, saying

Draw near with faith and take this Holy Sacrament
to your comfort.

**Lord, I am not worthy to receive you,
but only say the word and I shall be healed.**

*Please sit. If you receive communion in your own church,
you are welcome to do so here.*

Remain seated to sing

Communion Hymn



**O for a closer walk with God,
A calm and heavenly frame;
A light to shine upon the road
That leads me to the Lamb!**

**Return, O holy Dove, return,
Sweet messenger of rest;
I hate the sins that made thee mourn,
And drove thee from my breast.**

**The dearest idol I have known,
Whate'er that idol be,
Help me to tear it from thy throne,
And worship only thee.**

**So shall my walk be close with God,
Calm and serene my frame;
So purer light shall mark the road
That leads me to the Lamb.**

Words: William Cowper (1731–1800)

Tune: Caithness
Scottish Psalter, 1635;

After communion please remain kneeling or seated as the celebrant says

Prayers after Communion

Give thanks to the Lord for God is gracious.

God's mercy endures forever.

“And whatever you do, in word or deed,
do everything in the name of the Lord Jesus,
giving thanks to God the Father through him.”

Colossians 3.17

**Almighty God,
we thank you for feeding us
with the Body and blood of your Son Jesus Christ.
Through Christ we offer you ourselves
to be a living sacrifice.
Send us out in the power of your Spirit to live
and work to your praise and glory.
Amen.**

The Dismissal

Blessing

May God give to you and to all those you love
his comfort and his peace, his light and his joy,
in this world and the next;
and the blessing of God almighty, the Father, the Son
and the Holy Spirit, be among you and remain with you always.
Amen.

All stand

Go in peace to love and serve the Lord
In the name of Christ. Amen.

All stand to sing

Recessional Hymn

during which the servers and clergy depart



**We have a gospel to proclaim
Good news for all throughout the earth;
The gospel of a Saviour's name:
We sing His glory, tell His worth.**

**Tell of his birth at Bethlehem,
Not in a royal house or hall
But in a stable dark and dim:
The Word made flesh, a light for all.**

**Tell of His death at Calvary,
Hated by those he came to save;
In lonely suffering on the cross
For all he loved, his life he gave.**

**Tell of that glorious Easter morn:
Empty the tomb, for he was free.
He broke the power of death and hell
That we might share his victory.**

**Tell of his reign at God's right hand,
By all creation glorified;
He sends his Spirit on his Church
To live for him, the Lamb who died.**

**Now we rejoice to name him King:
Jesus is Lord of all the earth.
This gospel message we proclaim:
We sing his glory, tell his worth.**

Words: Edward J. Burns (b.1938)

Tune: Fulda
William Gardnier (1770–1853)

Remain standing as the choir moves out, then sit

Music after the Service

Allegro Marziale

Frank Bridge (1879–1941)

*You are invited to be seated for the playing of the Organ Voluntary
or to leave quietly at this point*



Notices

Sunday Fellowship

You are all invited to a time of fellowship on the chapel steps after the service.

Appeal for the Restoration of the Chapel Mural

The mural of the Transfiguration, a much-loved centrepiece, at the front of the chapel, is in urgent need of restoration. We are seeking to raise Rs. 4 million for this purpose. Those who wish to support this effort are kindly asked to get in touch with the Assistant Chaplain, Fr. Suren Watson, either after this service or via email assistant.chaplain@stcmount.lk



Material from Common Worship is included in this service and is copyright © The Archbishops' Council. The text for the day is written by Jo Neary, pioneer priest in the Beaminster Area, U.K. . Hymns are taken from the College Hymnal. The Bible passages are read from the New Revised Standard Version of the Bible (Anglicised edition).