



The Chapel of
The Transfiguration

Sung Eucharist

Second Sunday before Lent

Sunday 8th February 2026
7.30 am



The Sermon on the Mount begins in earnest in this passage as Jesus likens those pursuing the Kingdom of God to salt and light. Their positive qualities are not in doubt, yet must be used well, absorbed to the core and given due prominence. For the true end of the righteous who seek the welfare of others through their good works for the sake of the Kingdom is that their actions are visible in ways that bring glory to God.



Music before the Service

Voluntary in A minor

Anonymous (18th cent.)

Order of Service

*The congregation is asked to join in all text printed in **bold**.*

If you are unable to stand at any point during the service, please feel free to remain seated.

*The service is sung by
The Chapel Choir of S. Thomas' College, Mount Lavinia.*

Please remain silent before the service.

The Chaplain continues

Prayer of Preparation

Almighty God,
**to whom all hearts are open,
all desires known,
and from whom no secrets are hidden:
cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord.
Amen.**

The Chaplain invites all to confess their sins

Prayers of Penitence

Do not be anxious about your life,
what you shall eat or what you shall drink.
Seek first God's kingdom and his righteousness.
Let us confess our sins and our failure to make God's will our
priority:

All kneel and silence is kept.

Most merciful God,
**Father of our Lord Jesus Christ,
we confess that we have sinned in thought,
word and deed.
We have not loved you with our whole heart.
We have not loved our neighbours as ourselves.
In your mercy forgive what we have been,
help us to amend what we are,
and direct what we shall be;
that we may do justly, love mercy,
and walk humbly with you, our God.
Amen.**

The Choir sings

Kyrie Eleison	<i>Lord, have mercy</i>
Christe Eleison	<i>Christ, have mercy</i>
Kyrie Eleison	<i>Lord, have mercy</i>

The Celebrant pronounces the Absolution

The almighty and merciful Lord
grant you pardon and forgiveness of all your sins,
time for amendment of life,
and the grace and strength of the Holy Spirit.
Amen.

All stand to sing

Gloria

Glory be to God on high,
**and in earth peace, good will towards men,
We praise thee we bless thee,
we worship thee, we glorify thee.
We give thanks to thee for thy great
glory, O Lord God, heavenly King,
God the Father Almighty.**

**O Lord, the only begotten Son,
Jesus Christ; O Lord God, Lamb
of God, Son of the Father that
takest away the sin of the world,
have mercy upon us. Thou that
takest away the sin of the world,
have mercy upon us. Thou that
takest away the sin of the world,
receive our prayer.
Thou that sittest at the right hand of God the
Father, have mercy upon us.**

**For thou only art holy, thou only
art the Lord: thou only, O Christ,
with the Holy Spirit, art most high
in the glory of God the Father.
Amen.**

Silence is kept.

The Chaplain continues

The Collect for the Day

The Lord be with you
And with thy spirit.

Let us pray

Almighty and everlasting God,
who hast caused thy Word to be made flesh
and to dwell among us:
Kindle, we beseech thee, the light of faith within our hearts;
that we, being made the light of the world
and the salt of the earth,
may shine forth in word and deed to thy glory;
through Jesus Christ our Lord.
Amen.

All sit

The Liturgy of the Word

The Old Testament Reading

A reading from the Prophecy of Isaiah 58.1–9a

Shout out; do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins. Yet day after day they seek me and delight to know my ways, as if they were a nation that practiced righteousness and did not forsake the ordinance of their God; they ask of me righteous judgments; they want God on their side. “Why do we fast, but you do not see? Why humble ourselves, but you do not notice?” Look, you serve your own interest on your fast day and oppress all your workers. You fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high. Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the Lord? Is not this the fast that I choose: to loose the bonds of injustice, to undo the straps of the yoke, to let the oppressed go free, and to break every yoke?

Is it not to share your bread with the hungry and bring the homeless poor into your house; when you see the naked, to cover them and not to hide yourself from your own kin? Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you; the glory of the Lord shall be your rear guard. Then you shall call, and the Lord will answer; you shall cry for help, and he will say, “Here I am.” If you remove the yoke from among you, the pointing of the finger, the speaking of evil,

This is the Word of the Lord.

Thanks be to God.

Remain seated.

from Psalm 112

Happy are those who fear the Lord,
who greatly delight in his commandments.

**Their descendants will be mighty in the land;
the generation of the upright will be blessed.**

Wealth and riches are in their houses,
and their righteousness endures forever.

**They rise in the darkness as a light for the upright;
they are gracious, merciful, and righteous.**

It is well with those who deal generously and lend,
who conduct their affairs with justice.

**For the righteous will never be moved;
they will be remembered forever.**

They are not afraid of evil tidings;
their hearts are firm, secure in the Lord.

**Their hearts are steady; they will not be afraid;
in the end they will look in triumph on their foes.**

They have distributed freely; they have given to the poor;
their righteousness endures forever;
their horn is exalted in honour.

**Glory to the Father, and to the Son,
and to the Holy Spirit,
as it was in the beginning, is now,
and shall be for ever. Amen.**

Remain seated.

New Testament Reading

I Corinthians 2. 1–12

When I came to you, brothers and sisters, I did not come proclaiming the testimony of God to you with superior speech or wisdom. For I decided to know nothing among you except Jesus Christ and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were made not with persuasive words of wisdom but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God. Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are being destroyed. But we speak God's wisdom, a hidden mystery, which God decreed before the ages for our glory and which none of the rulers of this age understood, for if they had, they would not have crucified the Lord of glory. But, as it is written,

“What no eye has seen, nor ear heard,
nor the human heart conceived,
what God has prepared for those who love him”—

God has revealed to us through the Spirit, for the Spirit searches everything, even the depths of God. For what human knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world but the Spirit that is from God, so that we may understand the gifts bestowed on us by God.

This is the Word of the Lord.

Thanks be to God.

All stand to sing

Gradual Hymn



**God of mercy, God of grace,
show the brightness of thy face;
shine upon us, Saviour, shine,
fill thy church with light divine;
and thy saving health extend
unto earth's remotest end.**

**Let the people praise thee, Lord;
be by all that live adored;
let the nations shout and sing
glory to their Saviour King;
at thy feet their tribute pay,
and thy holy will obey.**

**Let the people praise thee, Lord;
earth shall then her fruits afford;
God to man his blessing give,
man to God devoted live;
all below, and all above,
one in joy and light and love.**

Words: H. F. Lyte (1793–1847)

Tune: Heathlands
Henry Smart (1813–79)

Remain standing and face the Gospel

The Gospel Reading

Choir: Alleluia, Alleluia, Alleluia

All repeat:



Choir: Speak Lord for thy servant is listening
You have the words of eternal life
Alleluia.

The Lord be with you

And with thy spirit

Hear the Gospel of our Lord Jesus Christ according to
St. Matthew, 5th Chapter, beginning at the 13th verse

Glory be to thee, O Lord

“You are the salt of the earth, but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything but is thrown out and trampled under foot. “You are the light of the world.

A city built on a hill cannot be hid. People do not light a lamp and put it under the bushel basket; rather, they put it on the lamp-stand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven. “Do not think that I have come to abolish the Law or the Prophets; I have come not to abolish but to fulfill. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments and teaches others to do the same will be called least in the kingdom of heaven, but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven.

At the end,

This is the Gospel of our Lord Jesus Christ

Praise be to thee, O Christ

Remain standing until invited to be seated

Sermon

given by

Mr. Asanka Perera | Warden

All stand to sing

Affirmation of Faith

We believe in one God,

**the Father Almighty, Maker of heaven and earth,
And of all things visible and invisible;**

**And in one Lord Jesus Christ,
the only-begotten Son of God, Begotten
of his Father before all worlds,
God of God, Light of Light, very God of very God,
begotten, not made,
being of one substance with the Father,
By whom all things were made:
Who for us men, and for our salvation
came down from heaven,
and was incarnate by the Holy Spirit of the
Virgin Mary, and was made man,
and was crucified also for us under Pontius Pilate,
He suffered and was buried,
and the third day he rose again
according to the Scriptures,
and ascended into heaven,
and sitteth on the right hand of the Father.
And he shall come again with glory to judge
both the quick and the dead:
Whose Kingdom shall have no end.**

**And we believe in the Holy Spirit,
the Lord, the giver of life,
Who proceedeth from the Father,
who with the Father and the Son together
is worshiped and glorified,
who spake by the Prophets.
And we believe One Holy Catholic
and Apostolic Church.
We acknowledge one Baptism
for the remission of sins.
And we look for the Resurrection of the dead,
And the life of the world to come.
Amen.**

All kneel or sit

Prayers of Intercession

during which the following response is used

Lord, in your mercy
Hear our prayer

The Liturgy of the Sacrament

All stand

Greeting of Peace

Blessed are the peacemakers:
they shall be called children of God.
We meet in the name of Christ and share his peace.
The peace of the Lord be always with you.
And also with you.

Preparation of the Table

Offertory Hymn

*during which the bread, wine and water are placed on the altar,
and a collection is taken for the work of the chapel*



**Jehovah, Thou hast promised
The isles shall wait for Thee,
The joyous isles of ocean,
The jewels of the sea.
Lo! we, this island's watchmen
Would give and take no rest;
For thus hast Thou commanded
Till our dear land is blessed.**

**Then bless her mighty Father,
With blessings needed most,
In every verdant village,
By every palmy coast.
On every soaring mountain,
O'er every spreading plain,
May all her sons and daughters
Thy righteousness attain.**

**Give peace within her borders
Twixt man and man goodwill,
The love all unsuspecting,
The love that works no ill.
In loyal lowly service,
Let each from other learn,
The guardian and the guarded,
Till Christ Himself return.**

**To Him our land shall listen,
To Him our peoples kneel;
All rule be on His shoulder,
All wrong beneath His heel;
O consummation glorious
Which now by faith we sing;
Come, cast we up the highway
That brings us back our King!**

Words: Rev. Walter S. Senior (1876–1938)

Tune: Ceylon
Devar Surya Sena (1899–1981)

Remain standing. The Celebrant invites all to say,

**All things come from you and of your own do we give you, Creator and Lord of the universe, ever adored by the holy Angels. Accept these gifts of bread and wine and these offerings which we present at your holy table and with them the dedication of our lives for your service, through Jesus Christ our Lord.
Amen.**

Remain standing. The Celebrant continues

The Eucharistic Prayer

The Lord be with you
And with thy spirit

Lift up your hearts
We lift them up unto the Lord

Let us give thanks unto the Lord our God
It is meet and right so to do

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God.

And now we give thee thanks, because thou art the source of light and life; who hast made us in thine own image, and hast called us to new life in thy Son Jesus Christ our Lord.

Therefore with Angels, and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name, evermore praising thee, and saying:

The Choir sings

Holy, Holy, Holy, Lord God of hosts, heaven and earth are full of thy glory. Glory be to thee, O Lord most high.

The people may sit, kneel or remain standing

Holy indeed are you Almighty Father eternal Sovereign, who in all your gifts and works manifests your holiness to all humanity. Holy is your Only Begotten Son Jesus Christ, through whom you did order the universe. And Holy is your ever blessed Spirit who reveals all things, even the deep things of you O God. Just as you yourself are holy, so also you created us in your own image that we might live in holy fellowship.

And when we disobeyed your commandments, you did not abandon us but you guided us as a merciful Father; you revealed yourself to us through the Sages, the Law and the Prophets, and through your redeeming acts in history, and when the time was ripe, you came among us through your Son Jesus, whom you sent into the world to share our human nature in order that the Lord Jesus might revive your own image in us.

**Generous God, Jesus loves us
and sacrificed himself for us
and heralded the new life
in breaking bread with companions.**

On the very night that he was betrayed to suffer death upon the cross for us, the Lord Jesus took bread and when he had given thanks to you Almighty Father, he broke it and gave it to his disciples saying:

Take, eat, this is my body which is given for you.
Do this in remembrance of me.

In the same manner after supper, he took the cup also, and after giving thanks, he gave it to them saying:

Drink, all of you from this,
for this is my blood of the new covenant
which is poured out for many for the forgiveness of sins.
Do this, as often as you drink it, in remembrance of me.

Christ is the Bread of Life

**When we eat this bread and drink this cup
we proclaim your death, Lord Jesus,
until you come in glory**

And so Father, we present this bread and cup in communion with your whole church, in fellowship with Blessed Mary, St. Thomas and all the saints, and in union with all creation we celebrate your Son's death and victory; giving thanks for all that Christ has done for us; for preparing us for all that lies ahead, we receive the benefits of Christ's life, death, resurrection and session in glory, and we eagerly await the heavenly banquet after Christ's coming again.

And we entreat you most merciful God to hear us and send your All Holy Spirit on us and on these your gifts, that they being blessed and hallowed by that life giving power, may be for us the Body and Blood of your most dearly loved Son, to the end that we receiving the same may be sanctified and filled with your grace and heavenly blessing.

**Accept this our sacrifice of praise and
thanksgiving; make us one body in Jesus Christ our
Lord, by whom and with whom and in whom in the
unity of the Holy Spirit all honour and glory be to
you Almighty Father, world without end.**

All sing: **Amen.**

Breaking of the Bread

The bread which we break
is it not a sharing in the body of Christ?

**We being many are one bread,
one body for we all partake of the one bread.**

The Lord's Prayer

As our Saviour Christ has taught us, we now pray

All sing

Our Father,
**which art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
in earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive them who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.**

The Celebrant continues

The peace of the Lord be always with you
And also with you.

The gifts of God for the people of God

The Choir sings

Benedictus

Blessed is he that cometh in the name of the Lord.
Hosanna in the highest.

Deep Silence

The Choir sings

Agnus Dei

O Lamb of God, that takest away the sins of the world
Have mercy upon us.
O Lamb of God, that takest away the sins of the world
Have mercy upon us.
O Lamb of God, that takest away the sins of the world
Grant us thy peace.

Giving of Communion

The Celebrant invites the people to receive the Holy Communion, saying

Draw near with faith and take this Holy Sacrament to your comfort.

**Lord, I am not worthy to receive you,
but only say the word and I shall be healed.**

All sit. If you receive communion in your own church, you are welcome to do so here.

Remain seated or kneeling to sing

Communion Hymn



**Let all mortal flesh keep silence
and with fear and trembling stand;
ponder nothing earthly-minded,
for with blessing in his hand
Christ our God to earth descendeth,
our full homage to demand.**

**King of kings, yet born of Mary,
as of old on earth he stood,
Lord of lords, in human vesture —
in the body and the blood —
he will give to all the faithful
his own self for heavenly food.**

**Rank on rank the host of heaven
spreads its vanguard on the way,
as the Light of light descendeth
from the realms of endless day,
that the powers of hell may vanish
as the darkness clears away.**

**At his feet the six-winged seraph;
cherubim with sleepless eye
veil their faces to the Presence,
as with ceaseless voice they cry,
Alleluia, alleluia,
alleluia, Lord most high.**

Words: Paraphrased by Gerard Moultrie (1829–85)

Tune: Picardy
French Carol Melody

All kneel or remain seated

Prayers after Communion

The Celebrant says,

Give thanks to the Lord for God is gracious.

God's mercy endures forever.

“The love of Christ urges us on,
because we are convinced that one has died for all.”

2 Corinthians 5.14

**Almighty God,
we thank you for feeding us
with the Body and blood of your Son Jesus Christ.
Through Christ we offer you ourselves
to be a living sacrifice.
Send us out in the power of your Spirit to live
and work to your praise and glory.
Amen.**

The Dismissal

Blessing

The peace of God,
which passes all understanding,
keep your hearts and minds
in the knowledge and love of God,
and of his Son Jesus Christ our Lord;
and the blessing of God almighty, the Father, the Son
and the Holy Spirit, be among you and remain with you always.
Amen.

All stand

Go in peace to love and serve the Lord

In the name of Christ. Amen.

All stand

Recessional Hymn

during which the servers and clergy move to the Font



**City of God, how broad and far
outspread thy walls sublime!
The true thy chartered freemen are
of every age and clime:**

**One holy church, one army strong,
one steadfast, high intent;
one working band, one harvest-song,
one King omnipotent.**

**How purely hath thy speech come down
from man's primaeval youth!
How grandly hath thine empire grown
of freedom, love, and truth!**

**How gleam thy watch-fires through the night
with never-fainting ray!
How rise thy towers, serene and bright,
to meet the dawning day!**

**In vain the surge's angry shock,
in vain the drifting sands:
unharm'd upon the eternal Rock
the eternal city stands.**

Words: Samuel Johnson (1822–82)

Tune: Richmond
Thomas Haweis (1732–1820)

*Remain standing as the Choir moves out, then sit.
You are invited to be seated for the playing of the organ voluntary
or you may leave quietly at this point.*

Music after the Service

Voluntary in D

John Alcock (1715–1806)

Sunday Fellowship

You are all invited to a time of fellowship on the chapel steps.

22nd February 2026

7.30 am

Joint Sung Eucharist

The Chapel Choir will lead a Joint Sung Eucharist together with the Choir of Trinity College, Kandy, in the Trinity College Chapel. All are warmly welcome to attend.

Please note that there will be no Sung Eucharist in our Chapel on that day.



Material from Common Worship is included in this service and is copyright © The Archbishops' Council. The text for the day is by Rev'd. Anna Jones, Chaplain, Queen's College, Cambridge. The Mass Setting is by Harold Darke. Hymns are taken from the College Hymnal. The Bible passages are read from the New Revised Standard Version of the Bible (Anglicised edition).