



The Chapel of The Transfiguration

Sung Eucharist

Fourth Sunday after Trinity

Sunday 28th June 2026
7.30 am



The context of these sayings is Jesus' instructions to his followers about mission; that includes the polarization of responses to their message and his, and the possibility of persecution for those engaged in his work. If this raises questions about whether Christian service is worth the risks and costs, Jesus here offers reassurance. Those who welcome his followers for his sake are, in effect, welcoming him and hence God, his Father. Helping his servants may range from minor acts of hospitality to providing sanctuary for his dissident, fugitive messengers; all of it will be rewarded, not forgotten, by God.



Order of Service

*The congregation is asked to join in all text printed in **bold**.*

If you are unable to stand at any point during the service, please feel free to remain seated.

The service is sung by the Chapel Choir

Please remain silent before the service

The Gathering

Please remain seated as the Choir enters and takes their place.

Please stand as the Servers and Clergy enter.

Processional Hymn

during which the altar is censed



**Glorious things of thee are spoken,
Zion, city of our God;
he whose word cannot be broken
formed thee for his own abode.
On the Rock of ages founded,
what can shake thy sure repose?
With salvation's walls surrounded,
thou may'st smile at all thy foes.**

**See, the streams of living waters,
springing from eternal love,
well supply thy sons and daughters,
and all fear of want remove.
Who can faint while such a river
ever flows their thirst to assuage:
grace which, like the Lord the giver,
never fails from age to age?**

**Saviour, if of Zion's city
I through grace a member am,
let the world deride or pity,
I will glory in thy name.
Fading is the worldling's pleasure,
all his boasted pomp and show;
solid joys and lasting treasure,
none but Zion's children know.**

Words: John Newton (1814–77)

Tune: Austria

F. J. Haydn (1732–1809)

Please remain standing. The Celebrant continues

The Greeting

In the name of the Father, and of the Son,
and of the Holy Spirit.

Amen.

Grace, mercy and peace from God our Father
and the Lord Jesus Christ be with you
and also with you.

“How beautiful upon the mountains are the feet of the
messenger who announces peace, who brings good news”

Isaiah 52. 7

Blessed be God

Blessed be God's reign for ever. Amen.

All kneel. The Lay Assistant continues

Prayer of Preparation

**Almighty God,
to whom all hearts are open,
all desires known, and from whom no secrets
are hidden: cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord.
Amen.**

The Lay Assistant invites all to confess their sins

Prayers of Penitence

As we prepare to celebrate the mystery of God's love,
revealed in Word and Sacrament, let us call to mind our sins.

All kneel and silence is kept.

Most merciful God,
**Father of our Lord Jesus Christ,
we confess that we have sinned
in thought, word and deed.
We have not loved you with our whole heart.
We have not loved our neighbours as ourselves.
In your mercy forgive what we have been,
help us to amend what we are,
and direct what we shall be; that we may do justly,
love mercy, and walk humbly with you, our God.
Amen.**

The Choir sings

Kyrie Eleison	<i>Lord, have mercy</i>
Christe Eleison	<i>Christ, have mercy</i>
Kyrie Eleison	<i>Lord, have mercy</i>

The Celebrant gives the Absolution

Almighty God, who forgives all who truly repent,
have mercy upon you, pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal;
through Jesus Christ our Lord.
Amen.

All stand to sing

Gloria

Glory be to God on high,
**and in earth peace, good will towards men,
We praise thee we bless thee,
we worship thee, we glorify thee.
We give thanks to thee for thy great
glory, O Lord God, heavenly King,
God the Father Almighty.**

**O Lord, the only begotten Son,
Jesu Christ; O Lord God, Lamb
of God, Son of the Father that
takest away the sin of the world,
have mercy upon us. Thou that
takest away the sin of the world,
have mercy upon us. Thou that
takest away the sin of the world,
receive our prayer. Thou that
sittest at the right hand of God the
Father, have mercy upon us.**

**For thou only art holy, thou only
art the Lord: thou only, O Christ,
with the Holy Spirit, art most high
in the glory of God the Father.
Amen.**

Silence is kept

The Lay Assistant continues

The Collect for the Day

The Lord be with you
And with thy spirit

Let us pray

All kneel.

O God,
the Protector of all that trust in thee,
without whom nothing is strong, nothing is holy:
Increase and multiply upon us thy mercy;
that, thou being our ruler and guide,
we may so pass through things temporal,
that we finally lose not the things eternal;
through Jesus Christ our Lord,
who liveth and reigneth with thee and the Holy Spirit,
ever one God, world without end.
Amen.

All sit

The Liturgy of the Word

Old Testament Reading

Genesis 22. 1–14

After these things God tested Abraham. He said to him, 'Abraham!' And he said, 'Here I am.' He said, 'Take your son, your only son Isaac, whom you love, and go to the land of Moriah, and offer him there as a burnt-offering on one of the mountains that I shall show you.' So Abraham rose early in the morning, saddled his donkey, and took two of his young men with him, and his son Isaac; he cut the wood for the burnt-offering, and set out and went to the place in the distance that God had shown him. On the third day Abraham looked up and saw the place far away. Then Abraham said to his young men, 'Stay here with the donkey; the boy and I will go over there; we will worship, and then we will come back to you.' Abraham took the wood of the burnt-offering and laid it on his son Isaac, and he himself carried the fire and the knife. So the two of them walked on together. Isaac said to his father Abraham, 'Father!' And he said, 'Here I am, my son.' He said, 'The fire and the wood are here, but where is the lamb for a burnt-offering?' Abraham said, 'God himself will provide the lamb for a burnt-offering, my son.' So the two of them walked on together. When they came to the place that God had shown him, Abraham built an altar there and laid the wood in order. He bound his son Isaac, and laid him on the altar, on top of the wood. Then Abraham reached out his hand and took the knife to kill his son. But the angel of the Lord called to him from heaven, and said, 'Abraham, Abraham!' And he said, 'Here I am.' He said, 'Do not lay your hand on the boy or do anything to him; for now I know that you fear God, since you have not withheld your son, your only son, from me.' And Abraham looked up and saw a ram, caught in a thicket by its horns. Abraham went and took the ram and offered it up as a burnt-offering instead of his son. So Abraham called that place 'The Lord will provide'; as it is said to this day, 'On the mount of the Lord it shall be provided.'

This is the Word of the Lord.

Thanks be to God

Psalm 13

How long, O Lord? Will you forget me for ever?

How long will you hide your face from me?

**How long must I bear pain in my soul,
and have sorrow in my heart all day long?**

How long shall my enemy be exalted over me?

Consider and answer me, O Lord my God!

**Give light to my eyes, or I will sleep the sleep of
death, and my enemy will say, 'I have prevailed';
my foes will rejoice because I am shaken.**

But I trusted in your steadfast love;

my heart shall rejoice in your salvation.

I will sing to the Lord, because he has dealt bountifully with me.

***Glory to the Father, and to the Son,
and to the Holy Spirit,
as it was in the beginning is now
and shall be for ever.***

Amen.

New Testament Reading

Romans 6. 12–end

Therefore, do not let sin exercise dominion in your mortal bodies, to make you obey their passions. No longer present your members to sin as instruments of wickedness, but present yourselves to God as those who have been brought from death to life, and present your members to God as instruments of righteousness. For sin will have no dominion over you, since you are not under law but under grace.

What then? Should we sin because we are not under law but under grace? By no means! Do you not know that if you present yourselves to anyone as obedient slaves, you are slaves of the one whom you obey, either of sin, which leads to death, or of obedience, which leads to righteousness? But thanks be to God that you, having once been slaves of sin, have become obedient from the heart to the form of teaching to which you were entrusted, and that you, having been set free from sin, have become slaves of righteousness. I am speaking in human terms because of your natural limitations. For just as you once presented your members as slaves to impurity and to greater and greater iniquity, so now present your members as slaves to righteousness for sanctification.

When you were slaves of sin, you were free in regard to righteousness. So what advantage did you then get from the things of which you now are ashamed? The end of those things is death. But now that you have been freed from sin and enslaved to God, the advantage you get is sanctification. The end is eternal life. For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.

This is the Word of the Lord.

Thanks be to God

All stand to sing

Gradual Hymn



**He who would valiant be
'Gainst all disaster,
Let him in constancy
Follow the Master.
There's no discouragement
Shall make him once relent
His first avowed intent
To be a pilgrim.**

**Who so beset him round
With dismal stories,
Do but themselves confound--
His strength the more is.
No foes shall stay his might,
Though he with giants fight:
He will make good his right
To be a pilgrim.**

**Since, Lord, thou dost defend
Us with thy Spirit,
We know we at the end
Shall life inherit.
Then fancies flee away!
I'll fear not what men say,
I'll labor night and day
To be a pilgrim.**

Words: John Bunyan (1859–1952)

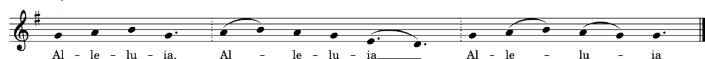
Tune: Monks Gate
Sussex folk melody

Remain standing

The Gospel Reading

Choir: Alleluia, Alleluia, Alleluia

All repeat:



Choir: Glory to the Father, and to the Son, and to the Holy Spirit, one God, who was, and who is, and who is to come, the Almighty.
Alleluia.

The Lord be with you
And with thy spirit

Hear the Gospel of our Lord Jesus Christ according to St. Matthew, 10th Chapter, beginning at the 40th verse
Glory be to thee, O Lord

‘Whoever welcomes you welcomes me, and whoever welcomes me welcomes the one who sent me. Whoever welcomes a prophet in the name of a prophet will receive a prophet’s reward; and whoever welcomes a righteous person in the name of a righteous person will receive the reward of the righteous; and whoever gives even a cup of cold water to one of these little ones in the name of a disciple—truly I tell you, none of these will lose their reward.’

At the end,

This is the Gospel of our Lord Jesus Christ
Praise be to thee, O Christ

Remain standing until invited to be seated

Sermon
given by
Ven. Samuel Ponniah
Chaplain

All stand to sing

Affirmation of Faith

We believe in one God,
**the Father Almighty, Maker of heaven and earth,
And of all things visible and invisible;**

**And in one Lord Jesus Christ,
the only-begotten Son of God, Begotten
of his Father before all worlds,
God of God, Light of Light, very God of very God,
begotten, not made,
being of one substance with the Father,
by whom all things were made:
Who for us men, and for our salvation
came down from heaven,
and was incarnate by the Holy Spirit of the
Virgin Mary, and was made man,
and was crucified also for us under Pontius Pilate,
He suffered and was buried,
and the third day he rose again
according to the Scriptures,
and ascended into heaven,
and sitteth on the right hand of the Father.
And he shall come again with glory to judge
both the quick and the dead:
Whose Kingdom shall have no end.**

**And we believe in the Holy Spirit,
the Lord, the giver of life,
Who proceedeth from the Father,
who with the Father and the Son together is
worshiped and glorified, who spake by the Prophets.
And we believe One Holy Catholic
and Apostolic Church.**

**We acknowledge one Baptism
for the remission of sins.
And we look for the Resurrection of the dead,
And the life of the world to come.
Amen.**

All kneel or sit

Prayers of Intercession

during which the following response is used

Lord, in your mercy
Hear our prayer.

The Liturgy of the Sacrament

All stand

Greeting of Peace

Peace to you from God our heavenly Father.
Peace from his Son Jesus Christ who is our peace.
Peace from the Holy Spirit, the life-giver.
The peace of the triune God be always with you
And also with you.

Preparation of the Table

Offertory Hymn

*during which the bread, wine and water are placed on the altar,
and a collection is taken for the work of the chapel*



**Christ is the one who calls,
the one who loved and came,
to whom by right it falls
to bear the highest name:
and still today
our hearts are stirred
to hear his word
and walk his way.**

**Christ is the one who seeks,
to whom our souls are known.
The word of love he speaks
can wake a heart of stone;
for at that sound
the blind can see,
the slave is free,
the lost are found.**

**Christ is the one who died
forsaken and betrayed;
who, mocked and crucified,
the price of pardon paid.
Our dying Lord,
what grief and loss,
what bitter cross,
our souls restored!**

**Christ is the one who rose
in glory from the grave,
to share his life with those
whom once he died to save.
He drew death's sting
and broke its chains,
who lives and reigns,
our risen King.**

Words: Timothy Dudley-Smith (1845–1929)

Tune: Love Unknown
John Ireland (1879–1962)

Remain standing. The Celebrant invites all to say,

**All things come from you and of your own do we give
you, Creator and Lord of the universe, ever adored
by the holy Angels. Accept these gifts of bread and
wine and these offerings which we present at your
holy table and with them the dedication of our lives
for your service, through Jesus Christ our Lord.
Amen.**

Remain standing

The Eucharistic Prayer

The Lord be with you
And with thy spirit

Lift up your hearts
We lift them up unto the Lord

Let us give thanks unto the Lord our God
It is meet and right so to do

It is very meet, right, and our bounden duty, that we should at
all times, and in all places, give thanks unto thee, O Lord, Holy
Father, Almighty, Everlasting God.

And now we give thee thanks
because thou art the source of light and life;
thou hast made us in thine own image
and called us to new life in him.

Therefore with Angels, and Archangels, and with all the company
of heaven, we laud and magnify thy glorious Name, evermore
praising thee, and saying:

The Choir sings

Holy, Holy, Holy, Lord God of hosts,
heaven and earth are full of thy glory.
Glory be to thee,
O Lord most high.

All kneel or sit

Holy indeed are you Almighty Father eternal Sovereign, who in all your gifts and works manifests your holiness to all humanity. Holy is your Only Begotten Son Jesus Christ, through whom you did order the universe. And Holy is your ever blessed Spirit who reveals all things, even the deep things of you O God. Just as you yourself are holy, so also you created us in your own image that we might live in holy fellowship.

And when we disobeyed your commandments, you did not abandon us but you guided us as a merciful Father; you revealed yourself to us through the Sages, the Law and the Prophets, and through your redeeming acts in history, and when the time was ripe, you came among us through your Son Jesus, whom you sent into the world to share our human nature in order that the Lord Jesus might revive your own image in us.

**Generous God, Jesus loves us
and sacrificed himself for us
and heralded the new life
in breaking bread with companions.**

On the very night that he was betrayed to suffer death upon the cross for us, the Lord Jesus took bread and when he had given thanks to you Almighty Father, he broke it and gave it to his disciples saying:

Take, eat, this is my body which is given for you.

Do this in remembrance of me.

In the same manner after supper, he took the cup also, and after giving thanks, he gave it to them saying:

Drink, all of you from this,

for this is my blood of the new covenant

which is poured out for many for the forgiveness of sins.

Do this, as often as you drink it, in remembrance of me.

The Lord Jesus Christ is Saviour

Christ has died:

Christ is risen:

Christ will come again.

And so Father, we present this bread and cup in communion with your whole church, in fellowship with Blessed Mary, St. Thomas and all the saints, and in union with all creation we celebrate your Son's death and victory; giving thanks for all that Christ has done for us; for preparing us for all that lies ahead, we receive the benefits of Christ's life, death, resurrection and session in glory, and we eagerly await the heavenly banquet after Christ's coming again.

And we entreat you most merciful God to hear us and send your All Holy Spirit on us and on these your gifts, that they being blessed and hallowed by that life giving power, may be for us the Body and Blood of your most dearly loved Son, to the end that we receiving the same may be sanctified and filled with your grace and heavenly blessing.

**Accept this our sacrifice of praise and thanksgiving;
make us one body in Jesus Christ our Lord,
by whom and with whom and in whom in the unity of
the Holy Spirit all honour and glory be to you
Almighty Father, world without end.
Amen.**

Breaking of the Bread

The bread which we break
is it not a sharing in the body of Christ?

**We being many are one bread,
one body for we all partake of the one bread.**

The Lord's Prayer

As our Saviour Christ has taught us, we now pray

All sing

Our Father,
**which art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
in earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive them who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.**

The Celebrant continues

The peace of the Lord be always with you
and also with you.

The gifts of God for the people of God

The Choir sings

Benedictus

Blessed is he that cometh in the name of the Lord.
Hosanna in the highest.

Deep Silence

The Choir sings

Agnus Dei

O Lamb of God, that takest away the sins of the world
Have mercy upon us.
O Lamb of God, that takest away the sins of the world
Have mercy upon us.
O Lamb of God, that takest away the sins of the world
Grant us thy peace.

Giving of Communion

The Celebrant invites the people to receive the Holy Communion, saying

Draw near with faith and take this Holy Sacrament
to your comfort.

**Lord, I am not worthy to receive you,
but only say the word and I shall be healed.**

*Please sit. If you receive communion in your own church,
you are welcome to do so here.*

Remain seated as the Choir sings

Communion Anthem

The peace of God which passeth all understanding
Keep your hearts and minds
In the knowledge and love of God
And of his Son Jesus Christ our Lord
And the blessing of God almighty
The Father, the Son, and the Holy Ghost
Be amongst you and remain with you always.
Amen.

Words: The Book of Common Prayer Music: Sir John Rutter OBE (b.1945)

After communion please remain kneeling or seated as the Celebrant says

Prayers after Communion

Give thanks to the Lord for God is gracious.

God's mercy endures forever.

“So if anyone is in Christ, there is a new creation: everything old
has passed away; see, everything has become new!”

2 Corinthians 5.17

**Almighty God,
we thank you for feeding us
with the Body and blood of your Son Jesus Christ.
Through Christ we offer you ourselves
to be a living sacrifice.
Send us out in the power of your Spirit to live
and work to your praise and glory.
Amen.**

The Dismissal

The Celebrant continues

Blessing

God the Holy Trinity make you strong in faith and love,
defend you on every side,
and guide you in truth and peace;
and the blessing of God Almighty, the Father,
the Son and the Holy Spirit,
be among you and remain with you always.

Amen.

All stand

Go in peace to love and serve the Lord
In the name of Christ. Amen.

All stand to sing

Recessional Hymn

during which the Servers and Clergy depart



**O praise ye the Lord!
Praise him in the height;
Rejoice in his word,
Ye angels of light;
Ye heavens adore him
By whom ye were made,
And worship before him,
In brightness arrayed.**

**O praise ye the Lord!
Praise him upon earth,
In tuneful accord,
Ye sons of new birth;
Praise him who hath brought you
His grace from above,
Praise him who hath taught you
To sing of his love.**

**O praise ye the Lord,
All things that give sound;
Each jubilant chord
Re-echo around;
Loud organs, his glory
Forth tell in deep tone,
And, sweet harp,
The story of what he hath done.**

O praise ye the Lord!
Thanksgiving and song
To him be outpoured
All ages along:
For love in creation,
For heaven restored,
For grace of salvation,
O praise ye the Lord!
Amen, amen.

Words: Sir Henry Baker (1821–77)

Tune: Laudate Dominum

Based on Psalm 150

Henry Hubert Parry (1848–1918)

Remain standing as the Choir moves out, then sit

Notices

Sunday Fellowship

You are all invited to a time of fellowship on the chapel steps

Later Today

6.00 pm | Cathedral of Christ the Living Saviour

‘O Clap Your Hands’

A Festival Service of Thanksgiving

celebrating 175 Years of S. Thomas’ College, Mount Lavinia.

Music will be led by a massed choir drawn from eight schools alongside the College Chapel Choir.

Music by

Herbert Howells, Ralph Vaughan Williams, Charles Stanford
and more

Denham Pereira, *Organ*

Vidhurinda Samaraweera, *Brass Ensemble, Leader*

Harin Amirthanathan, *Conductor*

All are welcome to attend



Material from Common Worship is included in this service and is copyright © The Archbishops’ Council. The text for the day is by The Revd. Ally Barrett is the Associate Vicar at Great St Mary’s, Cambridge. The Mass Setting is by Harold Darke. Hymns are taken from the College Hymnal. The Bible passages are read from the New Revised Standard Version of the Bible (Anglicised edition).