

The Chapel of The Transfiguration

Sung Eucharist and Holy Baptism

Sixth Sunday after Trinity (Sea Sunday)

Sunday 12th July 2026
7.30 am



The observance of Sea Sunday is long established in some communities, and sadly overlooked in others. A parish's proximity to the sea is not necessarily the measure of its awareness. Yet the tradition of recognising, supporting, and praying for those 'in peril on the sea' stretches back over 160 years. Today, the Mission to Seafarers operates in over 200 ports across 50 countries. Add to this the countless men and women serving in naval forces around the world, and the global seafaring community becomes even larger. Many spend months—or even years—away from their families. Sea Sunday invites us to uphold them in prayer and thanksgiving, and to honour this unique and vital ministry.



Music before the service

Air from 'Water Music'

G. F. Handel (1685–1759)

Order of Service

*The congregation is asked to join in all text printed in **bold**.*

If you are unable to stand at any point during the service, please feel free to remain seated.

The service is sung by the Chapel Choir

Please remain silent before the service

The Gathering

Please remain seated as the Choir enters and takes their place

Please stand as the Servers and Clergy enter

Processional Hymn
during which the altar is censed



**Eternal Father, strong to save,
Whose arm doth bind the restless wave,
Who bidd'st the mighty ocean deep
Its own appointed limits keep;
O hear us when we cry to thee
For those in peril on the sea.**

**O Saviour, whose almighty word
The winds and waves submissive heard,
Who walkedst on the foaming deep,
And calm amid the rage didst sleep:
O hear us when we cry to thee
For those in peril on the sea.**

**O sacred Spirit, who didst brood
Upon the chaos dark and rude,
And bad'st its angry tumult cease,
And gavest light and life and peace:
O hear us when we cry to thee
For those in peril on the sea.**

**O Trinity of love and power,
Our brethren shield in danger's hour;
From rock and tempest, fire and foe,
Protect them whereso'er they go:
And ever let there rise to thee
Glad hymns of praise from land and sea.**

Words: William Whiting (1825–78)

Tune: Melita
John Dykes (1823–76)

Please remain standing. The Celebrant continues

The Greeting

In the name of the Father, and of the Son,
and of the Holy Spirit.

Amen.

Grace, mercy and peace from God our Father
and the Lord Jesus Christ
be with you
and also with you.

“The sea is his, for he made it, and the dry land, which his hands have formed. O come, let us worship and bow down, let us kneel before the Lord, our Maker!” -

Psalms 95: 5–6

Blessed be God

Blessed be God's reign for ever. Amen.

All kneel and the Celebrant continues

Prayer of Preparation

**Almighty God,
to whom all hearts are open,
all desires known, and from whom no secrets
are hidden: cleanse the thoughts of our hearts
by the inspiration of your Holy Spirit,
that we may perfectly love you,
and worthily magnify your holy name;
through Christ our Lord.
Amen.**

The Celebrant invites all to confess their sins

Prayers of Penitence

The sea is wide and deep, and the journey long —
yet God's mercy is deeper still. Let us come before the Lord,
who calms the storm and brings the wandering safely home,
confessing our sins in penitence and faith.

Silence is kept

**Most merciful God,
Father of our Lord Jesus Christ,
we confess that we have sinned
in thought, word and deed.
We have not loved you with our whole heart.
We have not loved our neighbours as ourselves.
In your mercy forgive what we have been,
help us to amend what we are,
and direct what we shall be; that we may do justly,
love mercy, and walk humbly with you, our God.
Amen.**

The Choir sings

Kyrie Eleison	<i>Lord, have mercy</i>
Christe Eleison	<i>Christ, have mercy</i>
Kyrie Eleison	<i>Lord, have mercy</i>

The Celebrant gives the Absolution

Almighty God, who forgives all who truly repent,
have mercy upon you, pardon and deliver you from all your sins,
confirm and strengthen you in all goodness,
and keep you in life eternal; through Jesus Christ our Lord.
Amen.

All stand to sing

Gloria

Glory be to God on high,
**and in earth peace, good will towards men,
We praise thee we bless thee,
we worship thee, we glorify thee.
We give thanks to thee for thy great
glory, O Lord God, heavenly King,
God the Father Almighty.**

**O Lord, the only begotten Son,
Jesu Christ; O Lord God, Lamb
of God, Son of the Father that
takest away the sins of the world,
have mercy upon us. Thou that
takest away the sins of the world,
have mercy upon us. Thou that
takest away the sins of the world,
receive our prayer. Thou that
sittest at the right hand of God the
Father, have mercy upon us.**

**For thou only art holy, thou only
art the Lord: thou only, O Christ,
with the Holy Spirit, art most high
in the glory of God the Father.
Amen.**

Silence is kept.

The Celebrant continues

The Collect for the Day

The Lord be with you
And with thy spirit

Let us pray

All kneel.

O Eternal Lord God,
who alone dost still the raging of the seas
and dost compass the waters with bounds:
look in mercy upon all who go down to the sea in ships—
from merchant to fishermen,
and to those who guard the oceans' peace.
Protect them in danger, sustain those in solitude,
and bring them safely to their harbour of rest;
that, guided by the Star of Christ,
they may serve with courage and hope,
to the glory of thy holy Name;
through Jesus Christ our Lord.
Amen.

All sit.

The Liturgy of the Word

Old Testament Reading

Genesis 25. 19-end

These are the descendants of Isaac, Abraham's son: Abraham was the father of Isaac, and Isaac was forty years old when he married Rebekah, daughter of Bethuel the Aramean of Paddan-aram, sister of Laban the Aramean. Isaac prayed to the Lord for his wife, because she was barren; and the Lord granted his prayer, and his wife Rebekah conceived. The children struggled together within her; and she said, 'If it is to be this way, why do I live?' So she went to inquire of the Lord. And the Lord said to her,

'Two nations are in your womb,
and two peoples born of you shall be divided;
one shall be stronger than the other,
the elder shall serve the younger.'

When her time to give birth was at hand, there were twins in her womb. The first came out red, all his body like a hairy mantle; so they named him Esau. Afterwards his brother came out, with his hand gripping Esau's heel; so he was named Jacob. Isaac was sixty years old when she bore them. When the boys grew up, Esau was a skilful hunter, a man of the field, while Jacob was a quiet man, living in tents. Isaac loved Esau, because he was fond of game; but Rebekah loved Jacob. Once when Jacob was cooking a stew, Esau came in from the field, and he was famished. Esau said to Jacob, 'Let me eat some of that red stuff, for I am famished!' (Therefore he was called Edom.) Jacob said, 'First sell me your birthright.' Esau said, 'I am about to die; of what use is a birthright to me?' Jacob said, 'Swear to me first.' So he swore to him, and sold his birthright to Jacob. Then Jacob gave Esau bread and lentil stew, and he ate and drank, and rose and went his way. Thus Esau despised his birthright.

This is the Word of the Lord.

Thanks be to God

Remain seated.

from Psalm 119

Your word is a lantern to my feet •
and a light upon my path.

**I have sworn and will fulfil it, •
to keep your righteous judgements.**

I am troubled above measure; •
give me life, O Lord, according to your word.

**Accept the freewill offering of my mouth, O Lord, •
and teach me your judgements.**

My soul is ever in my hand, • yet I do not forget your law.

**The wicked have laid a snare for me, •
but I have not strayed from your commandments.**

Your testimonies have I claimed as my heritage for ever; •
for they are the very joy of my heart.

**I have applied my heart to fulfil your statutes: •
always, even to the end.**

**Glory to the Father, and to the Son,
and to the Holy Spirit,
as it was in the beginning is now
and shall be for ever.
Amen.**

Remain seated.

New Testament Reading

Romans 8.1–11

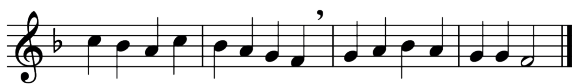
There is therefore now no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law—indeed it cannot, and those who are in the flesh cannot please God. But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

This is the Word of the Lord.

Thanks be to God

All stand to sing

Gradual Hymn



**Jesus calls us! O'er the tumult
Of our life's wild restless sea
Day by day his sweet voice soundeth,
Saying, 'Christian, follow me':**

**As of old Saint Andrew heard it
By the Galilean lake,
Turned from home, and toil, and kindred,
Leaving all for his dear sake.**

**Jesus calls us from the worship
Of the vain world's golden store,
From each idol that would keep us,
Saying, 'Christian, love me more'.**

**In our joys and in our sorrows,
Days of toil and hours of ease,
Still he calls, in cares and pleasures,
'Christian, love me more than these'.**

**Jesus calls us! By thy mercies,
Saviour, may we hear thy call,
Give our hearts to thy obedience,
Serve and love thee best of all.**

Words: Cecil F. Alexander (1818–95)

Tune: Merton
William Monk (1823–89)

Remain standing

The Gospel Reading

Choir: Alleluia, Alleluia, Alleluia

All repeat:



Choir: Speak, Lord, for your servant is listening.
You have the words of eternal life.

Alleluia.

The Lord be with you
And with thy spirit

Hear the Gospel of our Lord Jesus Christ according to
St. Matthew, 13th Chapter, beginning at the 1st verse

Glory be to thee, O Lord

That same day Jesus went out of the house and sat beside the lake. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: 'Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!' 'Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty.'

At the end,

This is the Gospel of our Lord Jesus Christ

Praise be to thee, O Christ

Remain standing until invited to be seated

Sermon

given by

Ven. Samuel Ponniah

Chaplain

The Liturgy of Baptism

All stand as the Servers and Clergy make their way to the Font.

All turn to face the Font. The Candidate for Baptism is brought forward by the Parents and Godparents to the Chaplain.

The Presentation of the Candidate

The Chaplain addresses the whole congregation

Faith is the gift of God to his people. In baptism the Lord is adding to our number those whom he is calling. People of God, will you welcome this child and uphold her in her new life in Christ?

With the help of God, we will.

The Chaplain then addresses the parents and godparents

Parents and godparents, the Church receives this child with joy. Today we are trusting God for her growth in faith.

Will you pray for her, draw her by your example into the community of faith and walk with her in the way of Christ?

With the help of God, we will.

In baptism this child begins her journey in faith.

You speak for her today.

Will you care for her,

and help her to take her place

within the life and worship of Christ's Church?

With the help of God, we will.

The Decision

The Chaplain addresses the parents and godparents on behalf of the Child

In baptism,

God calls us out of darkness into his marvellous light.

To follow Christ means dying to sin and rising to new life with him.

Therefore I ask:

Do you turn to Christ?

I turn to Christ.

Do you repent of your sins?

I repent of my sins.

Do you renounce evil?

I renounce evil.

Signing with the Cross and Anointing

The Chaplain makes the sign of the cross on the forehead of the candidate, saying

Christ claims you for his own. Receive the sign of his cross.

The Chaplain continues

Do not be ashamed to confess the faith of Christ crucified.

All say **Fight valiantly as a disciple of Christ against sin, the world and the devil, and remain faithful to Christ to the end of your life.**

May almighty God deliver you from the powers of darkness, restore in you the image of his glory, and lead you in the light and obedience of Christ. **Amen.**

The Chaplain anoints the candidate on the breast or forehead with the oil of catechumens saying:

We anoint you with the oil of salvation in the name of Christ our Saviour; may he strengthen you with his power, who lives and reigns for ever. **Amen.**

Profession of Faith

The Chaplain addresses the congregation

Brothers and sisters, I ask you to profess together with this candidate the faith of the Church.

Do you believe and trust in God the Father, source of all being and life, the one for whom we exist?

I believe and trust in him.

Do you believe and trust in God the Son, who took our human nature, died for us and rose again?

I believe and trust in him.

Do you believe and trust in God the Holy Spirit, who gives life to the people of God and makes Christ known to the world?

I believe and trust in him.

This is the faith of the Church.

This is our faith.

We believe and trust in one God, Father, Son and Holy Spirit.

Baptism

The Chaplain pours the blessed water on the candidate, saying

Aurelie, I baptize you
in the name of the Father,
and of the Son,
and of the Holy Spirit.

Amen.

The Chaplain anoints the child on the crown of the head with the holy chrism, saying:

May God, who has received you by baptism into his Church, pour upon you the riches of his grace, that within the company of Christ's pilgrim people you may daily be renewed by his anointing Spirit, and come to the inheritance of the saints in glory.

Amen.

Giving of a Lighted Candle

The Chaplain gives the newly baptized a lighted candle, saying

God has delivered us from the dominion of darkness and has given us a place with the saints in light. You have received the light of Christ; walk in this light all the days of your life. Shine as a light in the world to the glory of God the Father.

Hymn

during which the Clergy and the Family move through the Nave to the Chancel steps



**Child of blessing, Child of Promise,
God's you are, from God you came.
In this sacrament God claims you:
live as one who bears Christ's name.**

**Child of God, you bear God's image,
learn to listen for God's call;
grow to laugh and sing and worship,
trust and love God more than all.**

Words: Ronald Cole-Turner (b. 1948)

Tune: Shipston
English Traditional Melody

Remain standing. At the Chancel steps the Chaplain continues

The Welcome

There is one Lord, one faith, one baptism:
Aurelie, by one Spirit we are all baptized into one body.

**We welcome you into the fellowship of faith;
we are children of the same heavenly Father;
we welcome you.**

All kneel or sit.

Prayers of Intercession

during which the following response is used

Lord, in your mercy
Hear our prayer.

The Liturgy of the Sacrament

All stand. The Celebrant says

Greeting of Peace

God has made us one in Christ.

He has set his seal upon us and, as a pledge of what is to come,
has given the Spirit to dwell in our hearts.

The peace of God be always with you

And also with you.

Preparation of the Table

Offertory Hymn

*during which the bread, wine and water are placed on the altar,
and a collection is taken for the work of the chapel*



**There's a wideness in God's mercy
Like the wideness of the sea;
There's a kindness in his justice
Which is more than liberty.**

**There is no place where earth's sorrows
Are more felt than up in heaven;
There is no place where earth's failings
Have such kindly judgement given.**

**There is grace enough for thousands
Of new worlds as great as this;
There is room for fresh creations
In that upper home of bliss.**

**For the love of God is broader
Than the measure of man's mind;
And the heart of the Eternal
Is most wonderfully kind.**

**But we make his love too narrow
By false limits of our own;
And we magnify his strictness
With a zeal he will not own.**

**There is plentiful redemption
In the blood that has been shed;
There is joy for all the members
In the sorrows of the Head.**

**'Tis not all we owe to Jesus;
It is something more than all;
Greater good because of evil,
Larger mercy through the fall.**

**If our love were but more simple,
We should take him at his word;
And our lives would be all sunshine
In the sweetness of our Lord.**

Words: Frederick Faber (1814–63)

Tune: Cross of Jesus
John Stainer (1840–1901)

Remain standing. The Celebrant invites all to say,

**All things come from you and of your own do we give
you, Creator and Lord of the universe, ever adored
by the holy Angels. Accept these gifts of bread and
wine and these offerings which we present at your
holy table and with them the dedication of our lives
for your service, through Jesus Christ our Lord.
Amen.**

Remain standing

The Eucharistic Prayer

The Lord be with you
And with thy spirit

Lift up your hearts
We lift them up unto the Lord

Let us give thanks unto the Lord our God
It is meet and right so to do

It is very meet, right, and our bounden duty, that we should at
all times, and in all places, give thanks unto thee, O Lord, Holy
Father, Almighty, Everlasting God.

And now we give thee thanks,
because thy Son, our Saviour Jesus Christ,
didst call fishermen to follow him,
didst still the raging of the waters,
and didst make known thy presence even in
the very heart of the sea.

Therefore with Angels, and Archangels, and with all the company
of heaven, we laud and magnify thy glorious Name, evermore
praising thee, and saying:

The Choir sings

Holy, Holy, Holy, Lord God of hosts,
heaven and earth are full of thy glory.
Glory be to thee,
O Lord most high.

The people may prayerfully sit, kneel or remain standing

Holy indeed are you Almighty Father eternal Sovereign, who in
all your gifts and works manifests your holiness to all humanity.
Holy is your Only Begotten Son Jesus Christ, through whom you
did order the universe. And Holy is your ever blessed Spirit who

reveals all things, even the deep things of you O God. Just as you yourself are holy, so also you created us in your own image that we might live in holy fellowship.

And when we disobeyed your commandments, you did not abandon us but you guided us as a merciful Father; you revealed yourself to us through the Sages, the Law and the Prophets, and through your redeeming acts in history, and when the time was ripe, you came among us through your Son Jesus, whom you sent into the world to share our human nature in order that the Lord Jesus might revive your own image in us.

**Generous God, Jesus loves us
and sacrificed himself for us
and heralded the new life
in breaking bread with companions.**

On the very night that he was betrayed to suffer death upon the cross for us, the Lord Jesus took bread and when he had given thanks to you Almighty Father, he broke it and gave it to his disciples saying:

Take, eat, this is my body which is given for you.

Do this in remembrance of me.

In the same manner after supper, he took the cup also, and after giving thanks, he gave it to them saying:

Drink, all of you from this,

for this is my blood of the new covenant

which is poured out for many for the forgiveness of sins.

Do this, as often as you drink it, in remembrance of me.

The Lord Jesus Christ is Saviour

Christ has died:

Christ is risen:

Christ will come again.

And so Father, we present this bread and cup in communion with your whole church, in fellowship with Blessed Mary, St. Thomas, and all the saints, and in union with all creation we celebrate your Son's death and victory; giving thanks for all that Christ has done for us; for preparing us for all that lies ahead, we receive the benefits of Christ's life, death, resurrection and session in glory, and we eagerly await the heavenly banquet after Christ's coming again.

And we entreat you most merciful God to hear us and send your All Holy Spirit on us and on these your gifts, that they being blessed and hallowed by that life giving power, may be for us the Body and Blood of your most dearly loved Son, to the end that we receiving the same may be sanctified and filled with your grace and heavenly blessing.

**Accept this our sacrifice of praise and thanksgiving;
make us one body in Jesus Christ our Lord,
by whom and with whom and in whom in the unity of
the Holy Spirit all honour and glory be to you
Almighty Father, world without end. Amen.**

Breaking of the Bread

The bread which we break
is it not a sharing in the body of Christ?

**We being many are one bread,
one body for we all partake of the one bread.**

The Lord's Prayer

As our Saviour Christ has taught us, we now pray

All sing

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done;
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation;
but deliver us from evil.
For thine is the kingdom,
the power and the glory,
for ever and ever.
Amen.**

The Celebrant continues

The peace of the Lord be always with you
and also with you.

The gifts of God for the people of God

The Choir sings

Benedictus

Blessed is he that cometh in the name of the Lord.
Hosanna in the highest.

Deep Silence

The Choir sings

Agnus Dei

O Lamb of God, that takest away the sins of the world
Have mercy upon us.
O Lamb of God, that takest away the sins of the world
Have mercy upon us.
O Lamb of God, that takest away the sins of the world
Grant us thy peace.

Giving of Communion

The Celebrant invites the people to receive the Holy Communion, saying

Draw near with faith and take this Holy Sacrament
to your comfort.

**Lord, I am not worthy to receive you,
but only say the word and I shall be healed.**

*Please sit. If you receive communion in your own church,
you are welcome to do so here.*

Remain seated to sing

Communion Hymn



**God moves in a mysterious way
His wonders to perform;
He plants his footsteps in the sea,
And rides upon the storm.**

**Deep in unfathomable mines
Of never-failing skill
He treasures up his bright designs,
And works his sovereign will.**

**Ye fearful saints, fresh courage take,
The clouds ye so much dread
Are big with mercy, and shall break
In blessings on your head.**

All lower voices only

**Judge not the Lord by feeble sense,
But trust him for his grace;
Behind a frowning providence
He hides a smiling face.**

All upper voices only

**His purposes will ripen fast,
Unfolding every hour;
The bud may have a bitter taste,
But sweet will be the flower.**

**Blind unbelief is sure to err,
And scan his work in vain;
God is his own interpreter,
And he will make it plain.**

Words: William Cowper (1731–1800)

Tune: London New
Scottish Psalter, 1635;
Adapted in Playford's Psalms, 1671

After communion please remain kneeling or seated as the Celebrant says

Prayers after Communion

Give thanks to the Lord for God is gracious.

God's mercy endures forever.

"When you pass through the waters, I will be with you; and through the rivers, they shall not overwhelm you."

Isaiah 43.2

**Almighty God,
we thank you for feeding us
with the Body and blood of your Son Jesus Christ.
Through Christ we offer you ourselves
to be a living sacrifice.
Send us out in the power of your Spirit to live
and work to your praise and glory.
Amen.**

The Celebrant continues

The Dismissal

Blessing

The Lord God almighty, the holy and undivided Trinity,
guard you, save you, and bring you to that heavenly city,
where he lives and reigns for ever;
and the blessing of God almighty, the Father, the Son
and the Holy Spirit, be among you and remain with you always.
Amen.

All stand

Go in peace to love and serve the Lord
In the name of Christ. Amen.

All stand to sing

Recessional Hymn
during which the servers and clergy depart



**Dear Lord and Father of mankind,
forgive our foolish ways;
re-clothe us in our rightful mind,
in purer lives thy service find,
in deeper reverence praise.**

**In simple trust like theirs who heard,
beside the Syrian sea,
the gracious calling of the Lord,
let us, like them, without a word
rise up and follow thee.**

All lower voices

**O Sabbath rest by Galilee!
O calm of hills above,
where Jesus knelt to share with thee
the silence of eternity,
interpreted by love!**

All upper voices

**Drop thy still dews of quietness,
till all our strivings cease;
take from our souls the strain and stress,
and let our ordered lives confess
the beauty of thy peace.**

**Breathe through the heats of our desire
thy coolness and thy balm;
let sense be dumb, let flesh retire;
speak through the earthquake, wind, and fire,
O still small voice of calm.**

Words: John Greenleaf Whittier (1807–1892)

Tune: Repton

Charles H. Parry (1848–1918)

Descant: John Scott (1952–2015)

Remain standing as the Choir moves out, then sit

Music after the Service

Prelude on 'Song 22'

C. V. Stanford (1852–1924)

*You are invited to be seated for the playing of the Organ Voluntary
or to leave quietly at this point*



Material from Common Worship is included in this service and is copyright © The Archbishops' Council. The text for the day is written by Gordon Giles. Hymns are taken from the College Hymnal. The Bible passages are read from the New Revised Standard Version of the Bible (Anglicised edition).